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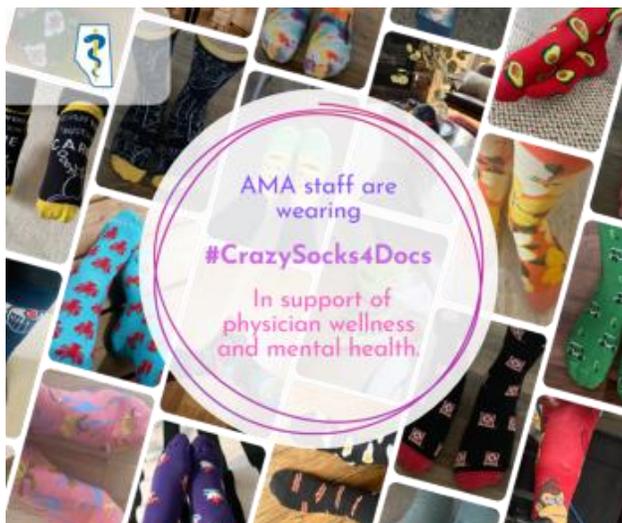
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General News

June 2 is CrazySocks4Docs day!

Each year, the first Friday in June marks [CrazySocks4Docs](#) day – a day that is designed to raise awareness of the mental health of all doctors and health practitioners around the world.

In support of our members and this important conversation, [AMA staff shared pics](#) of their CrazySocks4Docs with us.



We want to remind members that mental health is health and asking for support is a sign of strength. If you need help, reach out to our [Physician and Family Support Program](#). Confidential support is available 24 hours/day, 7 days/week at 1-877-767-4637.

General Surgery

SAVE THE DATE – AAGS Review in the Rockies/Section of General Surgery AGM

Dates: November 3, 4 and 5

Location: Banff Springs Hotel

Guest speaker: Sharon Wood, the first North American woman to climb Mt. Everest!

Registration (opens early May): <https://www.aags.ca/>

Join us again this year for a great academic program and AGM. Focuses will include trauma updates, breast cancer updates, mountaineering, acute general surgery and additional topics.

To reach the Section of General Surgery President, Dr. Anthony Gomes, please email [AMA Section Services](#).

Rural Medicine

Up to \$35,000 is available for Rural Physicians

Are you a rural physician interested in advanced training?

The Society of Rural Physicians of Canada is offering the National Advanced Skills and Training Program, which is funding training opportunities to upskill practicing rural physicians, including specialists, nationwide.

The initiative will...

- Reimburse practicing rural physicians up to \$35,000:
 - training (\$1,000 per day), travel and accommodation for up to 30 days
 - preceptor (\$250 per day) and locum services
- Foster a network of opportunities and/or collaborations to mentor rural physicians in addition to the enhancement of skills.
- Strengthen health care in remote communities and reduce the need for patient transport out of their communities.

To learn more, please see the [attached PDF](#).

To reach the Section of Rural Medicine President, Dr. Samantha Myhr, please email srmpres@albertadoctors.org.

Sport and Exercise Medicine

What is a Sport and Exercise Medicine Physician?

Have you ever wondered what Sport and Exercise Medicine (SEM) physicians do and how they help their patients participate in an active, healthy lifestyle? Check out the [attached PDF](#) to learn more.

To reach the Section of Sport and Exercise Medicine President, Dr. Matt McIsaac, please email [AMA Section Services](#).



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