

Checklist: Building a Culture of Psychological Safety

One of the strongest predictors of clinical excellence is a psychologically safe culture that encourages speaking up.

Creating a Psychologically Safe Culture

To create a psychologically safe culture, have you:

- Encouraged team members to support one another?
- Implemented pre-procedure briefings?
- Implemented start-of-shift huddles?
- Implemented debriefs following episodes of care or procedures?
- Implemented the use of critical communication tools, e.g. SBAR, CUS?
- Created organizational policies to promote speaking up?
- Established a listening up culture?
- Established methods for resolving conflict, whether informational or interpersonal?
- Addressed barriers to effective team performance?

Promoting Speaking Up

To promote speaking up on your team, have you:

- Discussed the role and importance of speaking up with your team?
- Empowered your team members to speak up?
- Specifically included patients and their families (with patient consent) as team members?
- Made the expectation for speaking up explicit?
- Led by example?
- Responded in a supportive, thankful manner when people have spoken up to you in the past?