



# MY DOCTOR AND HEALTH TEAM:

*know my story*

**A CONSISTENT  
RELATIONSHIP  
WITH YOUR FAMILY  
DOCTOR AND TEAM CAN  
HELP YOU STAY HEALTHY.**

Did you know seeing the same family doctor and team can lead to higher quality care than seeing a different one each time?

Let's work together to make decisions about your health care.

**IF YOU DON'T HAVE A FAMILY DOCTOR CALL HEALTH LINK BY DIALING **811****

**OR SEARCH [ALBERTAFINDADOCTOR.CA](https://albertafindadoctor.ca)**

