

# MY DOCTOR AND HEALTH TEAM:

*know my story*

## A CONSISTENT RELATIONSHIP WITH YOUR FAMILY DOCTOR AND TEAM CAN HELP YOU STAY HEALTHY.

Did you know seeing the same family doctor and team can lead to higher quality care than seeing a different one each time?

Let's work together to make decisions about your health care.

IF YOU DON'T HAVE A FAMILY DOCTOR CALL HEALTH LINK BY DIALLING **811**

OR SEARCH **ALBERTAFINDADOCTOR.CA**

