

Outstanding



2021
AMA/CMA
AWARDS RECOGNITION





*“Believe you can and
you’re halfway there.”*

Theodore Roosevelt



2021

AMA/CMA

AWARDS RECOGNITION



ALBERTA
MEDICAL
ASSOCIATION

2021 *September 28*

AMA/CMA

Awards Recognition

Recognitions

Long-Service Awards

Member Emeritus Award

Achievement Awards

(Medal for Distinguished Service / Medal of Honor)

AMA Award for Compassionate Service

CMA Honorary Membership
& Special Awards

CMA President

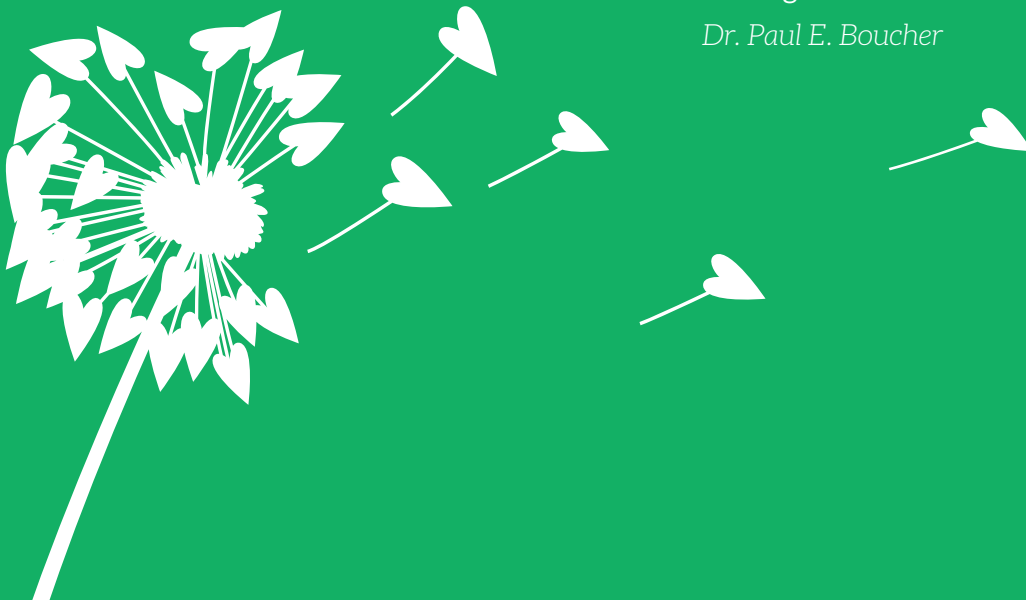
Dr. Katharine Smart

Installation of New AMA President

Dr. Vesta Michelle Warren

Message from AMA Past President

Dr. Paul E. Boucher





*“Persevere in virtue
and diligence.”*

Titus Maccius Plautus

AMA Long-Service Award

The AMA Long-Service Award recognizes physicians with 10 years of AMA service who contribute their knowledge, skill and time to the advancement of the profession. Whether on the Board of Directors, its committees, the Representative Forum or section executives within AMA, their work supports and encourages the association's development.

Recipients

Dr. Luc R. Berthiaume

Dr. Melanie T. Currie

Dr. Eduard C. Eksteen

Dr. Gary A. Gelfand

Dr. Roxanne M. Goldade

Dr. Sarah A. Hall

Dr. Gordon J. Kelly

Dr. Alan J. Poole

Dr. Brijendra Rawat

Dr. Andrew W. Wade

Dr. Richard A. Ward

AMA Long-Service Award Recipients

Dr. Luc R. Berthiaume

Critical Care Medicine, Calgary

Reflections on Service

I have had the privilege of representing the Calgary Zone and of serving on the Section of Intensive Care Executive as Fees Representative and as Section President. A particular highlight of my AMA service has been my participation in the Specialty Care Alliance as it strives to provide a unified voice for advancing specialty care in Alberta.

Participation in AMA activities has made me a better physician and provided me with energy at times when energy stores were running low. It is inspiring to see members' dedication and commitment to patient care and to one another. The breadth of different views both at the Representative Forum and in committee work keeps one grounded and is a positive influence in terms of professional development.

Personal Interests

Our family enjoys being outdoors. Away from work, my wife and I enjoy supporting our four children in alpine ski racing and mountain bike cross-country racing. When we're not on skis or bikes, we enjoy hiking, fishing and any activity offered by the Rocky Mountains.

Dr. Melanie T. Currie

Family Medicine, Spruce Grove


Reflections on Service

I have been the Suburban Delegate for Edmonton zone on Representative Forum since Dr. Allan Bailey encouraged me to get involved with the AMA in 2012. I was surprised to be nominated to the Fees Advisory Committee in 2015 by Dr. Kim Kelly as she saw something in me that could provide value to higher level committees. This work led to my being nominated to the SOMB working group in 2016. Working with Alberta Health to try to save \$100 million dollars in a very short period of time was a real eye-opener. I truly feel that the AMA can support and lead government to improve patient care and access while being good stewards. This experience gave me the confidence to apply for a position on the Physician Compensation Committee in 2019.

Our experience with difficult government relations and the failed Tentative Agreement reinforces the fact that the AMA always has our back. As a fee-for-service family physician who is an office owner practicing cradle-to-grave care with obstetrics and hospital medicine, I hope I can be a voice for other physicians. I hope that we'll soon see better government relations and a new agreement with AMA at the table.

Personal Interests

I spend much of my time on my acreage with my extremely supportive husband and our two horses, dog, cats, and koi. My biggest accomplishment has been my family, with our children Julia and Isaac, who are now successful on their own (leaving our house so much cleaner!).



*“To accomplish great things we
must not only act, but also dream;
not only plan, but also believe.”*

Anatole France

Dr. Eduard C. Eksteen

Otolaryngology, Head & Neck Surgery, Edmonton

Reflections on Service

The most challenging and memorable aspect of my service with the AMA has been as a member of the committee assessing different physician group careers and what it took to be able to start their professional work. The task turned out to be rather challenging, and I am proud that we were able to accomplish it. The most important issue for me recently has been to convince some members of our group to place their trust in the AMA in their dealings with our current government.

One of the great benefits of being a member of the AMA is that when it comes to your career, one learns how the business aspect of our fee schedule works and what is involved when dealing with government. The expertise the AMA offers here is extremely valuable.

Dr. Gary A. Gelfand

Thoracic Surgery, Calgary

Reflections on Service

I've been involved with the AMA since I was a PARA representative on the Fees Committee as a naïve surgical resident. I was involved in the Relative Value Guide efforts in the late 1990s when Thoracic Surgery was still part of Cardiovascular and Thoracic Surgery. I particularly enjoyed my time on the Board of Directors. I remain amazed by members' dedication to protecting the interests of patients despite shifting political winds.

When I compare what others have done, I don't think I've accomplished much, but I've always tried to do what will help patients most, while respecting my colleagues and their well-being. I've tried to ensure that our small specialty has input and a voice. The AMA has been very supportive over the years in looking at alternative funding for small, newer specialties like Thoracic Surgery.

Medicine has changed drastically since I began medical school in 1980, but the importance of involvement in the AMA has not. It has helped me grow as a physician, both by advocating for my patients and by interacting with the various bureaucratic layers to improve care.

Personal Interests

I have many interests outside of medicine--my wife calls me a squirrel. I am an active cyclist, runner, skier, and golfer. I love music and for many years had a stereo, home theatre, and home automation business. I have a wonderful family who has supported me through my career, including five years as the only thoracic surgeon in Calgary. Without them, life would have been much less fulfilling.

Dr. Roxanne M. Goldade

Community Pediatrics, Calgary

Reflections on Service

For more than 25 years, I've been part of the AMA's Section of Pediatrics Executive. I've also acted as Section Chief for Community Peds in Calgary (2016–2021), as Lead of Pediatrics for Kids in Care (P-KIC, since 2004), and as a board member for the Canadian Pediatric Society (2013–2019). These roles have helped me understand the challenges and strengths of our group and our patients and enabled me to collaborate with colleagues across the country.

In 2013, I was awarded an Alumnus of Distinction Award by the University of Calgary for Collaboration. The P-KIC project has allowed me to liaise with Children's Services to ensure best care for children in the care of Social Services. As well, being part of the AMA's Peds Mental Health Subcommittee has enabled me to work with various stakeholders in Peds Mental Health, especially in the wake of the pandemic. Our AMA Peds Executive has advocated for children in numerous ways, such as fluoride in the water, discouraging use of cannabis, vaping, and nicotine, and finding ways to work with teachers and schools. We've also been able to advocate for the well-being of our medical colleagues.

Get involved. Even if you think you haven't much to say, get involved, even in little ways.

Personal Interests

I TRY to be a runner, and I love to knit. I have an architect husband, and we have a cabin project in Whitefish, Montana.

Dr. Sarah A. Hall

Pediatrics, Calgary

Reflections on Service

My work with the AMA began ten years ago as Section of Pediatrics Fees Representative to update Pediatrics Fee Codes. We surveyed Section members about INRV (intra-sectional relativity) valuations and piloted the Standardized INRV project. I've been involved with the Physician Advocacy Group, Representative Forum Planning Group, Fees Advisory Committee, and Allocation Working Group. I was a founding member of the Specialty Care Alliance and an inaugural Executive member. I've sat on the Board of Directors for three years, with one year on the Executive Committee.

Most recently, in my role on the AMA Board of directors, I've had the privilege of advocating for my colleagues in contract negotiations. I am grateful for those who share their opinions, for those who ask questions, and for those who are prepared to stand up for their patients and colleagues.

My involvement with the AMA has been so much fun! I have the privilege of being a part of finding solutions and creative ways to improve health care delivery. I am inspired by my colleagues' optimism.

Personal Interests

My areas of focus over the last two years as Deputy Head, Professional Affairs, for the Department of Pediatrics, Cumming School of Medicine, have been in promoting and advancing physician career vitality and equity, diversity, inclusivity, and civility in the workplace. As AHS Medical Lead for Virtual Health, I've been involved in the rapid adoption of virtual care. My physician husband and three kids keep me active in the mountains, skiing, biking, and hiking.

Dr. Gordon J. Kelly

Psychiatry, Edmonton

Reflections on Service

I have served on the Executive of both the Psychiatry Section and the Alberta Psychiatric Association. I've played various roles in each group, but one of the most rewarding has been chairing our annual meeting. For years, we've had one of the best psychiatric conferences in the country, and it's been a privilege to be able to carry on that tradition.

I was fortunate to be involved in Connect Care well before it was even called Connect Care. In one of my earlier roles, I participated in the planning of the Information Sharing Framework. Essentially, we were working on how best to preserve the confidentiality of the doctor-patient relationship as we shifted to a provincial information system.

I have always been impressed by the people I meet at AMA meetings. They are thoughtful, dedicated, and generous in how they think about our profession.

Personal Interests

In the past couple years, I've taken to swimming down the North Saskatchewan River in Edmonton. Mentioning that fact serves as both a conversation starter and a conversation ender. Either way, it's been a fun way to enjoy living in this city.

“Achievement does not require extraordinary ability. Achievement comes from ordinary abilities applied with extraordinary persistence.”

Ralph Marston



Dr. Alan J. Poole

Diagnostic Imaging, Red Deer

Reflections on Service

Early in my career, I was fortunate to serve on the Executive and as president of the Alberta Society of Radiologists, an experience that enabled me to work on several AMA committees and Representative Forum. The hard work and professionalism of the physicians and staff at the AMA has been a sustaining force that has benefited patients and physicians during my thirty-year tenure with the organization.

Physician ownership of medical practices is crucial to excellence in medical care. The AMA has enabled radiologists to develop community DI clinics owned and operated by radiologists that are unique in Canada. These clinics provide approximately four million DI procedures each year and are a vital component of day-to-day medical practice in Alberta. The CAMIS DI clinic in Red Deer was one of the first in Canada to have integrated Radiology Information and Picture Archiving systems. This model of physician ownership and leadership of medical practice needs to continue to ensure that new technologies are implemented in a fashion that optimizes patient care.

Personal Interests

My interests include reading, commercial real estate, golf, boating, and wake surfing. I am the father of two, and I'm celebrating my thirtieth wedding anniversary this year.

Dr. Brijendra Rawat

Diagnostic Imaging, Edmonton

Reflections on Service

I have represented my section in AMA as an RF representative and subsequently as the section president. During my time as section president, I initiated work toward implementing recommendations of the HQCA Continuity of Care report as they relate to Diagnostic Imaging. Another achievement was the significant progress made toward submission of an entire new set of fee codes for Interventional Radiology. I am a strong advocate of appropriate utilization of diagnostic imaging tests. We all need to do our part to curtail rising health care costs without adversely affecting the quality of patient care.

The unity of AMA members is extremely important, especially in these tumultuous and uncertain times, as shown by our experiences with the current government. AMA leadership and members have so far been effective in achieving that unity; however, the process is ongoing, and our diverse views on various issues should not prevent us from maintaining harmony amongst ourselves.

I would like to encourage young physicians to get involved in the AMA to further unify and strengthen this organization as a voice for medical professionals and patients.

Personal Interests

In my free time, I like biking (which is even more fun with my daughter), trekking, and adventurous traveling.

Dr. Andrew W. Wade

Pediatric Nephrology, Calgary

Reflections on Service

I've been on the AMA Pediatric Executive for ten years as the subspecialty representative. Subspecialists in pediatrics don't have a true home as we don't necessarily fit with our subspecialist adult colleagues, nor do we always fit with or have the same issues as our general pediatrician colleagues. I am grateful, therefore, to have represented the viewpoint of subspecialists on the Executive. The Pediatrics Executive has become a vibrant, active group under the leadership of Michelle Bailey, and I am privileged to have met so many outstanding colleagues.

I was involved with the development of the AMA Pediatrics grants program and have served on the granting committee since its inception. We've become an important source of research funding for projects in Alberta addressing, for example, Indigenous health, underprivileged children, and rural health issues.

We are stronger when we act and work together. The AMA has been a consistent source of support for physicians through some difficult times in Alberta. I encourage our young members to help maintain the AMA's vitality.

Personal Interests

I've taught nephrology in India, Africa, and South America and have been the medical director of the Calgary Marathon, the Calgary Triathlon, the Tri For Evan, the Spring Trio Races, and the Wintergreen Ekiden Relay race and work as a medic at other running races in Alberta. I am a year-round bike commuter and enjoy hiking, running, cycling, kayaking, and cross-country skiing with my wife and stepson.

Dr. Richard A. Ward

Family Medicine, Calgary

Reflections on Service

Of all my experiences working with the AMA, what stands out most prominently is the wisdom I've seen generated at Representative Forum. After many terms on RF, I remain impressed by the passion, thoughtfulness, and dedication exhibited by my colleagues.

Alberta has the strongest, most effective, and most innovative Primary Care presence of any jurisdiction in Canada. The AMA has been an advocate, enabler, and resource in this evolution; my contributions to this work have been the most rewarding for me. Promoting and explaining the Medical Home model, advocating for progressive pay structures to support continuity care, and walking the journey of pay equity--these have been among the projects that have energized me through the years.

To other physicians struggling with stress and frustration, I say this: leadership is the antidote for burnout.

Personal Interests

In my free time, I like to travel (remember that?) and spend time with family at our west coast home, which is full of good meals, great wine, and laughter. These activities complement my fulfilling clinical and leadership world.

*“The value of achievement
lies in the achieving.”*

Albert Einstein



AMA Member Emeritus

The Member Emeritus award recognizes significant contributions to the goals and aims of the AMA, seniority, long-term membership and distinguished service (20 years) based on criteria determined by the Board of Directors. Members Emeriti enjoy all the rights and privileges of a full member, but shall not be required to pay annual dues.

Recipient

Dr. Peter C. Jamieson

AMA Member Emeritus Award Recipient

Dr. Peter C. Jamieson

Family & Hospital Medicine, Calgary

Reflections on Service

I joined the Board of the AMA as a medical student in 1992 and was inspired by the capacity and dedication of the physician leadership group, many of whom remain friends to this day. I have served as an RF representative (2003–2021), as a member of the Section of General Practice Executive (including a few years as fees rep), on the Health Issues Council, and more recently on the Compensation Steering and Peer Review Committees. Through all this time I have been impressed by the quality of our AMA staff support and the thoughtful and systems-focused approach of our leaders.

While I was serving on the Section of General Practice Leadership, we were able to support the Primary Care Alliance and nurture a structure to support the emergence of Primary Care Networks and Leadership. We also were able to review and revitalize the approach to relativity in the primary care SOMB.

In my career, I have had the great honor of serving in leadership at the local level with the AMA and at a system level in various roles with AHS, AH, and CPSA. I think we make too much of these distinctions sometimes; the core of professionalism is the ability to balance our responsibilities to our patients, the system, our colleagues, ourselves, and our families. The more successful we are at recognizing and balancing these interests, the better off the profession will be.

Personal Interests

Parenting three teenagers is probably the main thing that keeps me busy outside of my profession. Beyond that, I keep up my physical and mental health by running, skiing, and reading, and by staying plugged in to my church and my community. My pet project is retirement planning—which of course is stimulated by receiving an award of this nature! My thanks to the AMA for the reminder!

AMA Achievement Awards

AMA Medal for Distinguished Service

The AMA Medal for Distinguished Service recognizes physicians who have made an outstanding personal contribution to the medical profession and to the people of Alberta and has contributed to the art and science of medicine while raising the standards of medical practice.

Recipients

Dr. Jane B. Lemaire, Internal Medicine, Calgary

Dr. James L. Silvius, Geriatric Medicine, Calgary

Dr. Jane B. Lemaire

Internal Medicine, Calgary

The influence of Dr. Jane Lemaire's overall work promoting physician wellness cannot be understated.

Physicians suffer distress because of the work that they do, as the pandemic has shown all too clearly. Practising medicine too often comes with an immense cost both to the individual physician's wellness and to the health care system and patients. It is estimated that burnout costs the health care system \$7,000 USD per physician per year, and with over 11,000 Alberta physicians, this amounts to almost \$80 million USD. In Dr. Lemaire's studies, patients reported that when they judge physicians to be burnt out, the doctor-patient relationship is fractured in many ways, including lack of trust, less adherence to suggested medical care, and switching doctors. Burnt-out physicians order more unnecessary tests, have riskier prescribing profiles, and spend less time with patients. Physicians who are well are able to engage in improving the delivery of health care, with widespread benefit.

Well Doc Alberta, a knowledge translation program created by Dr. Lemaire and her colleagues, addresses gaps in the continuum of care for physicians facing occupational distress with education about wellness and interventions to help them lessen distress. As the pandemic has swept over Alberta, Dr. Lemaire and her colleagues, working collaboratively with stakeholder groups, have provided expertise on pandemic planning committees to address the psychological and physical threats to physicians and consultations to many groups concerned about the wellness of their

physicians. They have also provided opportunities for education and self-reflection with physician-specific education bulletins, podcasts, and webinars.

Dr. Lemaire has also evolved into a superb medical educator as a result of the knowledge and experience gained from her work with the Royal College of Physicians and Surgeons of Canada, which has enabled her to apply her research findings and disseminate them effectively and broadly. She has worked to develop programs to enhance understanding of this new field of study, to provoke self-reflection about what affects doctors, their profession, and the need for health care systems to change to support physician wellness, and to coach individual physicians and organizations to address the drivers of occupational distress for physicians. Changing attitudes and behaviors and effecting culture change is challenging work, but Dr. Lemaire has worked steadily to meet that task. She has delivered over 450 presentations, responding to invitations from most Canadian faculties of medicine, Stanford University, Hennepin Health care, University of Minnesota, Otago University, and Auckland University, as well as national and international physician wellness conferences.

Her work has earned multiple awards, including the RCPSC International Collaborator Award in 2019, the Stanford Medicine WellMD Center 2018 Physician Well-Being Article Award, and the CMA Physician Misericordia Award for outstanding leadership and support for physician colleagues in 2016. As the pandemic puts ever-greater pressure on physicians and the health care system, her work becomes ever more vital.

Dr. James L. Silvius

Geriatric Medicine, Calgary

When the federal government announced that Medical Assistance in Dying (MAID) would become legal in Canada, Alberta looked to Dr. James Silvius to lead the way.

Dr. Silvius brought together the professions, professionals, and regulatory bodies needed to move this new responsibility forward. He worked with families and patients to ensure that their voices were included. In the end, Alberta's plan was so thoughtful and so well implemented that other provinces in Canada requested Dr. Silvius's help as they created their own plans to provide MAID, and the federal government asked him to inform their ongoing review of the service. As a result of his work, Alberta is acknowledged as the leader in Canada for MAID policy and service delivery. He continues to lead ongoing work on the development of assisted dying protocols and various associated materials for AHS and as Chair of the Alberta Minister of Health's Assisted Dying Regulatory Review Committee. He brings a patient-centred and compassionate approach to this difficult but necessary work. Dr. Silvius has ensured that MAID Alberta is a system that delivers lawful assistance in dying to people whose consent is rigorously determined, and in a manner that is compassionate to patients and respectful of health care providers who either wish to assist or who object to the practice. He advises other jurisdictions related to medical assistance in dying, including Health Canada and the State of Victoria, Australia.

Laying the groundwork for this important and demanding work has been more than three decades of deep dedication as a leader and clinician in driving quality health care in Alberta; he has led many beneficial initiatives and programs, including developing the 2014 Palliative and End of Life Care provincial framework, leading the quality agenda for Alberta's vast and complex continuing care system (over 150,000 Albertans, 35,000 facility spaces, and 25,000 end-of-life recipients), and as a physician expert driving clinical practice changes across the care system in Alberta relating to appropriate prescribing, followed by leading the nation as a founder of the Canadian Deprescribing Network (CaDeN). His leadership in appropriate prescribing has resulted in Alberta leading the nation as related to Appropriate Use of Antipsychotics.

Dr. Silvius's remarkable contributions have already been recognized by many prestigious awards, including the CMA's Dr. William Marsden Award for Medical Ethics, the University of Calgary Division of Geriatric Medicine Recognition for Divisional Mentorship, the AMA Long Service Award, and the University of Calgary's Terry Groves Award for Clinical Excellence and Department of Medicine Innovation Award (for development of the Department of Medicine Telehealth strategy). He has held numerous leadership roles at the hospital, university, provincial, federal, and international levels, as well as maintaining a clinical practice in geriatric medicine and remaining active in research. He is undaunted, it seems, by any challenge, and the people of Alberta have many reasons to be thankful for his dedication and service.



“Cherish your visions and your dreams as they are the children of your soul, the blueprints of your ultimate achievements.”

Napoleon Hill

AMA Achievement Awards

AMA Medal of Honor

The AMA Medal of Honor recognizes non-physicians who have made an outstanding personal contribution to the people of Alberta by contributing to the advancement of medical research, medical education, health care organization, health education and/or health promotion to the public or raising the standards of health care in Alberta.

Recipients

Juliet R. Guichon, SJD, Calgary

Bev Garbutt, Cowley

Juliet R. Guichon

SJD, Calgary

“Juliet Guichon is a force of nature.” That is, at least, how she has been described by people who’ve worked with her. Dr. Guichon has helped to raise the standards of and increase attention to preventive health care in Alberta by advocating for the good that arises when scientific consensus, based on solid peer-reviewed research, is realized in government policy, practice, and law.

For example, when the HPV vaccine was approved in Canada and recommended by the National Advisory Committee on Immunization in early 2007, she learned from Calgary epidemiologists, pediatricians, and general practitioners that HPV vaccination in Calgary non-Catholic schools was a success, with more than 70% of the girls having received one or more doses, whereas less than 20% of girls attending the Calgary Catholic schools had received the vaccine. She simply could not accept this evidence of disparity; she had to do something. She fought hard to make the vaccine available to everyone who could benefit from it.

Dr. Guichon created a non-profit, non-governmental organization and started a media and letter campaign against the twelve school districts in Canada that had banned HPV vaccine administration. She started in Calgary, through the organization she created, HPV Calgary. Once Calgary’s school doors opened to the vaccine in 2012, she created a second organization, HPV Canada, to open the doors in nine other Alberta school districts and one district each in Ontario

and the Northwest Territories. Her campaigns were fierce; she held media events, she took all media calls, she sent letters to individual board members, she wrote op-ed pieces for major newspapers, she lobbied elected officials and administrators, all with the objective of influencing school board members to vote against the ban. She was oblivious to the roar of hatred from the anti-vaccine activists and to the damaging zealotry from the religious conservatives who favoured the ban. By May 2014, all the bans were lifted. This is a magnificent story of citizen activism to improve public health.

She has waged similarly passionate and prolonged campaigns to ban flavours in tobacco products, to reduce nicotine addiction among young Albertans by regulating vaping and e-cigarettes, and to reinstate community water fluoridation in Calgary. In her academic work at the Cumming School of Medicine at the University of Calgary, she teaches courses, conducts research, chairs committees, and mentors students. She has received the Canadian Medical Association Medal of Honour, the Canadian Public Health Association’s National Public Health Hero Award, and the Honorary Membership Award of the Alberta Dental Association and College. She has been invited by the Canadian House of Commons and Senate to testify in public hearings on health matters and has served on not-for-profit boards nationally and internationally. As both an academic and an activist, she focuses on issues arising at the intersection of law, health care, ethics, religion, and journalism, working tirelessly to ensure that public policy is based on solid science and focussed on improving public health.

Bev Garbutt

Cowley, Alberta

As a Licensed Nurse Practitioner and the wife of a rural family physician, Bev Garbutt recognized the difficulties and the importance of recruiting physicians to rural practice.

She saw that a lack of familiarity with rural life and a lack of training in the needs of rural practice kept many young doctors from considering the possibilities of practising medicine in a rural area. She spearheaded the Rural Enhancement Program to meet some of these needs. Students from rural areas and small communities are more likely to consider returning there after finishing their medical training, so the program offers such students assistance in navigating the educational journey to medical school, including intensive interview training to increase their chances of being admitted. In the past thirteen years, 173 university students from rural communities have participated in the program (with many more who couldn't attend receiving informal assistance); half of those students have ultimately been admitted to medical school.

In addition, she has organized tours of rural hospitals and scenarios with rural EMS. When students who had taken such tours expressed interest in learning more about rural practice, she called almost every doctor within a hundred-kilometre radius of Edmonton and Calgary to request that they take on students for a weekend of job shadowing. The weekend tours included a skills component that over time evolved to a full Skills Day where students could learn how to start IVs, cast fractures, and participate in trauma situations.

She was responsible for organizing transportation, accommodation, preceptors, EMS trainers, even suture and casting supplies. After the program was established, the Rural Physician Action Plan took them over, and they continue today under the guidance of RhPAP. Hundreds of students have participated.

She was also instrumental in the development of the Tarrant Scholarship, which provides funds to medical students who have demonstrated an interest in studying and practising rural medicine. Since its inception, this scholarship has provided over \$400,000 to 37 medical students. So important has her contribution to the management and awarding of this scholarship been that some colleagues have suggested she ought to be the one handing it out.

Her commitment to rural medicine is unwavering. As one former student noted, when researching programs in Alberta for rural medical students, more often than not, the contact person was Bev Garbutt. She is tireless in her support for these students, both before they are admitted to medical school and after. When funds for programs in RPAP dried up, she found other sources of funding to make sure programs for medical students from rural areas didn't disappear. Recently, she has been working to connect with resource and agricultural industries in Alberta to determine if there might be untapped donors for scholarship and bursary funding for rural students in medicine. Her work has enabled many students to move forward in their dream to become physicians and improved access to medical services for many, many rural Albertans.



*“Spend life for something
which outlasts it.”*

William James

AMA Achievement Awards

AMA Award for Compassionate Service

The AMA Award for Compassionate Service honors a physician who is an AMA member and, during their career, has demonstrated outstanding compassion, philanthropy and/or volunteerism to improve the state of the community in which they are giving back.

Recipients

Dr. Sumantra Monty Ghosh, Calgary

Dr. Ian M. Mitchell, Calgary

Dr. Sumantra Monty Ghosh

Double Honoree 2021

Addiction and Internal Medicine, Calgary

Dr. Monty Ghosh is a passionate advocate for vulnerable and marginalized people, determined to give voice to those whose voices are rarely heard. Through advocacy, compassion, and respect, he continually supports the motto “Nothing About Us Without Us.”

Dr. Ghosh completed his medical training at the University of Calgary in 2009, to which he has added specialized training in a number of areas, particularly in addiction medicine, and works as an assistant clinical professor both there and at the University of Alberta. He is a Fellow of the Royal College of Physicians and Surgeons of Canada (FRCPC) in Internal Medicine and has served with the Canadian Society of Addiction Medicine (CSAM) and been appointed president of the Section of Addiction Medicine.

“I am driven,” he says, “to facilitate change and create impactful improvements in social and health outcomes for my patients and to empower agencies to develop programs that fill gaps for vulnerable populations.” The communities he serves include Indigenous people, LGBTQ, refugees, people with a history of incarceration, addiction, homelessness, HIV, and Hepatitis C. He works with Collaborative Home and Health (CHH) in Calgary, which seeks health solutions for Calgary’s vulnerable population sector with multiple partner agencies such as Alpha House and The Drop In-Centre, and co-chairs the Canadian Network for the Health and Housing of the Homeless, which aims to facilitate national

level knowledge sharing and cross-sectoral learning for social support sectors and to catalyze advocacy with the goal of ending homelessness. His work has been published in a variety of journals, and he has authored training programs in addiction medicine and treatment. He is a sought-after speaker who regularly educates physicians, allied health professionals, and the media about addiction medicine and Alberta’s vulnerable populations. He has received multiple grants and awards for his work, including the Patient Excellence Award from the Health Quality Council of Alberta and grants from the Calgary Health Trust and the Health Canada Substance Use and Addiction Program.

Dr. Ghosh believes strongly in community collaboration, and that includes making sure voices from the street are heard in program development and policy change. Positive change can only happen when we listen to people with lived experience of vulnerability. He has been called a community champion for the most disadvantaged citizens in Calgary.

Dr. Ian M. Mitchell

Respiratory Medicine, Calgary

Dr. Ian Mitchell has, for more than forty years, achieved and promoted excellence in the medical care of children and in medical bioethics. As a volunteer, he has sat with every Southern Alberta bereaved parent who has contacted the Sudden Infant Death Syndrome Calgary Society and answered their questions until they had no more.

Defying political authority and risking his own job, he led protests in the 1990s to protect the Alberta Children's Hospital from closure as a stand-alone facility. Because of Dr. Mitchell and others, Southern Alberta children continue to benefit from a discrete medical facility that places the child at the centre. Dr. Mitchell seems to awaken every morning asking himself, "How can I help children and their families today?" And then he acts--listening carefully to a baby's lungs, teaching students, conducting research on pediatric conditions and complicated ethics issues, serving and directing organizations so that they might better serve children and their families.

He received his medical training in Scotland and came to Alberta in 1982. After his arrival, he was asked to volunteer with a SIDS family support group, created by the families themselves, as an unpaid advisor. Over the years, as clinicians involved in supporting SIDS families tried to learn one from another, Dr. Mitchell helped establish collaborations across Canada and internationally.

Through his volunteer and his professional work, he developed an interest in biomedical ethics, to which he has made extraordinary, exemplary, and sustained contributions that inspire others locally, nationally, and internationally. He not only teaches and writes about ethics, but he also acts in ethical and courageous ways--working with patients and their families, leading advocacy efforts, and pressing public officials to act to protect the health and wellbeing of Albertans.

Dr. Mitchell has won multiple awards for his work as a clinician, an advocate, and a teacher and mentor, including the Lorraine Award of Excellence in Respiratory Disease and Care from the Alberta Lung Association in 2003 and the Canadian Medical Association's Dr. William Marsden Award in Medical Ethics in 2013, given to individuals who have demonstrated exemplary leadership, commitment, and dedication to the cause of advancing and promoting excellence in the field of medical ethics in Canada. For the latter award, he was described as exemplifying "insight, innovation, and fearlessness," often basing his advocacy for children on the social determinants of health, motivated by the knowledge that children usually cannot advocate for themselves. Humble, industrious, incisive, brilliant, and courageous, Dr. Mitchell is living a life of service to children, their families, and the medical community in Southern Alberta, Canada and beyond.



*“The key to success is to start
before you are ready.”*

Marie Forleo

2021 CMA Honorary Membership & Special Awards

CMA Dr. Ashok Muzumdar Memorial
Award for Physicians with Disabilities

CMA Award for Young Leaders
(*Early Career*)

CMA Honorary Membership



CMA President – Dr. Katharine Smart

Dr. Katharine Smart is a pediatrician in Whitehorse, Yukon. Her work is centred on developing collaborative partnerships with community and government services to serve vulnerable children using a model of social pediatrics. She works primarily with children who have experienced trauma and adverse childhood events, and she witnesses the broad and lasting impact these events have on children and their development daily. She is passionate about improving services for vulnerable children in an effort to change their life trajectory.

In addition to her community-based work, Dr. Smart enjoys acute care and provides on-call services to the hospital. Before moving to the Yukon, she was a pediatric emergency medicine physician at the Alberta Children's Hospital in Calgary. Dr. Smart is the past president of the Yukon Medical Association.

For more information on Dr. Katharine Smart, visit www.cma.ca/dr-katharine-smart.

CMA Dr. Ashok Muzumdar Memorial Award for Physicians with Disabilities

This CMA Memorial Award, which includes medical learners, honors the founder of the Canadian Association of Physicians with Disabilities, an advocate and supporter for physicians and learners with disabilities.

Recipient

Dr. Vera Krejcik

Dr. Vera Krejcik

Psychiatry, Calgary

Dr. Vera Krejcik has received the Dr. Ashok Muzumdar Memorial Award for Physicians with Disabilities in recognition of her passionate advocacy for patients, medical learners and/or physicians with disabilities.

Just before starting her residency in internal medicine, she underwent surgery to repair a vascular malformation in her brain. Though the procedure initially appeared to have gone well, Dr. Krejcik suffered a massive stroke during recovery, which led to a second urgent operation and paralysis on the left side of her body.

After two years of physical therapy, Dr. Krejcik managed to regain much function in her left leg, but her left arm and hand remained non-functional, and she walks with a brace to support a paralyzed left foot and ankle.

The physical challenges that Dr. Krejcik was facing forced her to reassess her dream of practising internal medicine. Understanding that the physical demands of a residency in this specialty would be too taxing, she chose to pursue psychiatry and continue her commitment to medicine.

To see the full biography of Dr. Vera Krejcik, please visit www.cma.ca/cma-awards-and-nominations.

CMA Award for Young Leaders (*Early Career*)

This CMA award is presented to recipients who have demonstrated exemplary dedication, commitment and leadership in one of the following areas: political, clinical, educational, or research and community service.

Recipient

Dr. Monty Ghosh

Dr. Monty Ghosh

Addiction & Internal Medicine, Calgary

Dr. Monty Ghosh has received the CMA Award for Young Leaders (Early Career) in recognition of his exemplary creativity, initiative, and commitment to making a difference at the local, provincial/territorial or national level.

Dr. Ghosh's work with marginalized populations started well before the pandemic. He established Alberta Health Services' first comprehensive outpatient addiction treatment program, dubbed the Rapid Access Addiction Medicine. The program — which includes supports for individuals to detoxify at home instead of relying on inpatient facilities — has grown to become a lifeline for more than 5,000 clients.

Described as a “big systems thinker” by his colleagues, Dr. Ghosh continues to develop innovative harm reduction measures related to opioid use.

In December 2020, Dr. Ghosh realized a years-long passion project — the launch of a national hotline that opioid users can call when taking substances alone. The hotline is operated by peer support workers with lived experience who can dispatch emergency services to the caller's home if an overdose occurs.

To see the full biography of Dr. Monty Ghosh, please visit www.cma.ca/cma-awards-and-nominations.

CMA Honorary Membership Award Recipients

The CMA Honorary membership is granted to those members who have distinguished themselves by their attainments in medicine, science, the humanities or who have rendered significant services to the Association. They may be appointed as honorary members with the unanimous approval of the CMA Board. Honorary members shall enjoy all the rights and privileges of the Association but shall not be required to pay any Association fee.

Recipients

Dr. Charlotte A. Foulston, Pediatrics, Medicine Hat

Dr. David B. Hogan, Geriatric Medicine, Calgary

CMA Honorary Membership Award Recipients

Dr. Charlotte A. Foulston

Pediatrics, Medicine Hat

Reflections on Service

My involvement with the AMA began with the Fees Committee, uninsured services, and ad hoc committees, including Child Abuse assessment. Serving with my pediatric colleagues, I have been a member of the Executive of the AMA Section of Pediatrics, which has welcomed and valued the perspective offered by regional pediatrics. I am particularly interested in advocacy for mental health services for children and youth, developmental assessment, and support services in regional centres, quality NICU care, and sustainability of pediatric services for vulnerable children and youth throughout the province.

The voices of non-metro pediatric patients and their families have been of key importance to me. Part of that focus involves an interest in undergraduate and postgraduate medical and nursing education for HCP and liaisons with other regional, rural, and tertiary partners. To achieve their highest potential, children and youth need integrated health, education, and social resources that address the social determinants of health. Working toward that goal is central to my practice.

Adaptation and improvement of clinical practice and medical service delivery happen through the collective vision and work of physicians. Together we are stronger and more adaptive in problem-solving to provide quality evidence-based clinical care. This kind of cooperation is among the most important benefits of the AMA and the CMA.

There is so much more work to be done, and it needs to include all Albertans, Indigenous peoples, and newcomers. Children and youth are our future, and integrated health care programming and the broader consideration of the SDOH must include them.

Personal Interests

My chief interests are family and community. I enjoy gardening, tennis, golf, Pilates, curling, meditation, and reading.

Dr. David B. Hogan

Geriatric Medicine, Calgary

Reflections on Service

I've been a member of the AMA since my permanent move to Alberta in 1990. I was on the editorial team of Drug Use in the Elderly (DUE) Quarterly, a joint publication of the AMA and the Alberta College of Pharmacists that ran from 1994 until 2012. Its objective was to promote better stewardship of medications prescribed to older Albertans. I've been consulted by the AMA over the years on clinical topics such as medical fitness to drive. I feel that my major contribution in this area was the Toward Optimized Practice (TOP) clinical practice guidelines on cognitive impairment. I also served as President and on the Board of the Alberta Medical Foundation (AMF), an AMA charitable foundation dedicated to promoting research, study, and appreciation of Alberta's medical history.

While I've been a member of the CMA for even longer, I've not played a role in its governance. I do have a long association with its journal, the CMAJ, for which I've performed multiple reviews (receiving letters of commendations from its editors for some of them) and co-authored 25 articles and letters published by the CMAJ that are indexed on PubMed.

I hope that my work has contributed to improving the quality of life and care of older adults both in Alberta and nationally. My AMF work as well as some of my other CMAJ publications speak to my belief that preserving and celebrating the history of our profession is vital.

Commitment to the maintenance and improvement of the medical profession is a key responsibility for any physician. The AMA/CMA offer ample opportunities to meet this obligation. The motivating spirit for this should not be personal advancement but collective improvement. Through my AMA/CMA activities I've had the opportunity to work with inspiring colleagues on meaningful tasks. What more can one ask?

Personal Interests

I have an enduring interest in medical history. I recently co-authored *Creating the Future of Health*, a history of the Cumming School of Medicine at the University of Calgary. A sub-theme within this larger interest has been the history of my sub-specialty and its evolution in Canada.



*“All great achievements
require time.”*

Maya Angelou

Installation of new AMA President

Dr. Vesta Michelle Warren

“The AMA is the only place that all Alberta physicians can come to work towards a better health care system and engage with the challenges associated in our profession. In the days of old, the Doctors Lounge was the site of many conversations between physicians but now that has been lost. The AMA has become the new lounge for ALL members. I love the networking and am learning a lot about the politics of medicine.”

Dr. Vesta Michelle Warren is the AMA President for 2021–22. She is family physician in Sundre, an associate clinical professor in family medicine at the University of Calgary and an assistant clinical professor in family medicine at the University of Alberta.

Dr. Warren received her medical degree from the University of Alberta in 1997 and her Certification in the College of Family Physicians in 1999. In 2010, she became a Fellow of the College of Family Physicians of Canada.

Outside of the AMA, Dr. Warren has provided leadership in many roles including Chair of the First Annual Clinical Connections Conference Planning Committee with the Alberta College of Family Physicians.

Dr. Warren joined the AMA the first year of her residency (1997). She has provided her expertise to the AMA since 2015, when she joined the AMA Representative Forum as a delegate for Central Zone. Her other work with the AMA includes serving on the Nominating and Compensation Committees and, just recently, as Member at Large for the Section of Rural Medicine Executive. Dr. Warren is a member of the Family Medicine Taskforce.





*“What the mind can conceive
and believe, and the heart
desire, you can achieve.”*

Norman Vincent Peale

AMA Past President

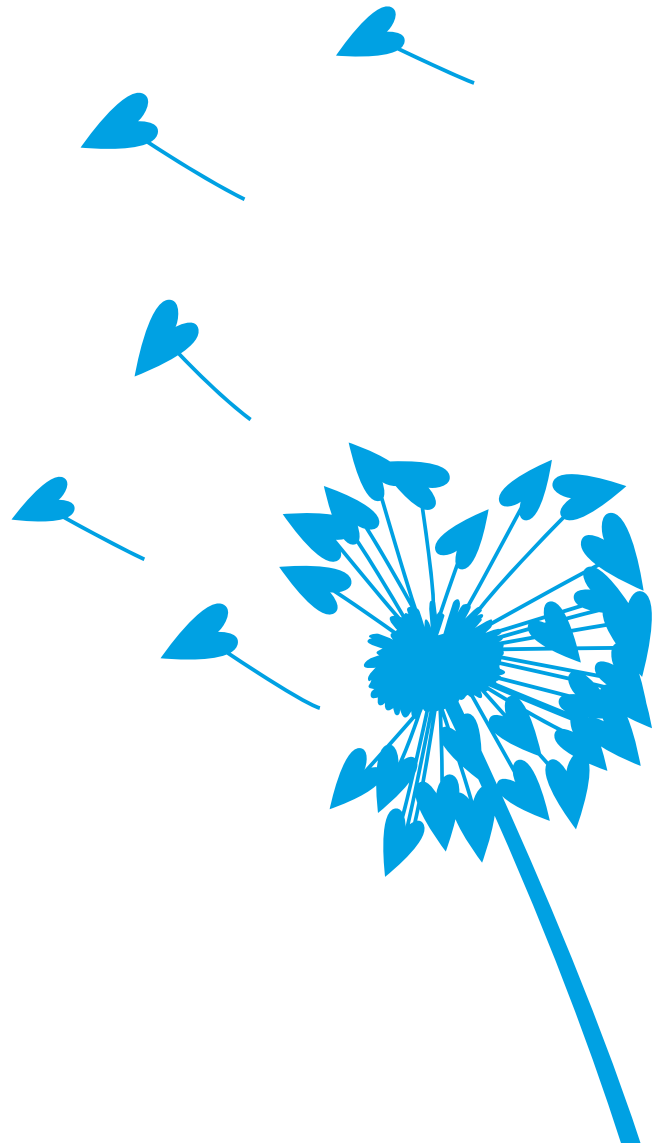
Dr. Paul E. Boucher

“What are the benefits of belonging to and working with the AMA? Advocacy for patients and leading system change.”

Dr. Paul E. Boucher is the AMA Past President for 2020–21. He is an intensive care specialist in Calgary where he is also a clinical assistant professor in critical care medicine at the University of Calgary.

Dr. Boucher has a long history of service with the AMA, having served on the Board of Directors for eight years and on many internal and external committees such as Nominating Committee, Executive Committee and the Provincial Physician Liaison Forum. He also served a term as president of the Section of Intensive Care.

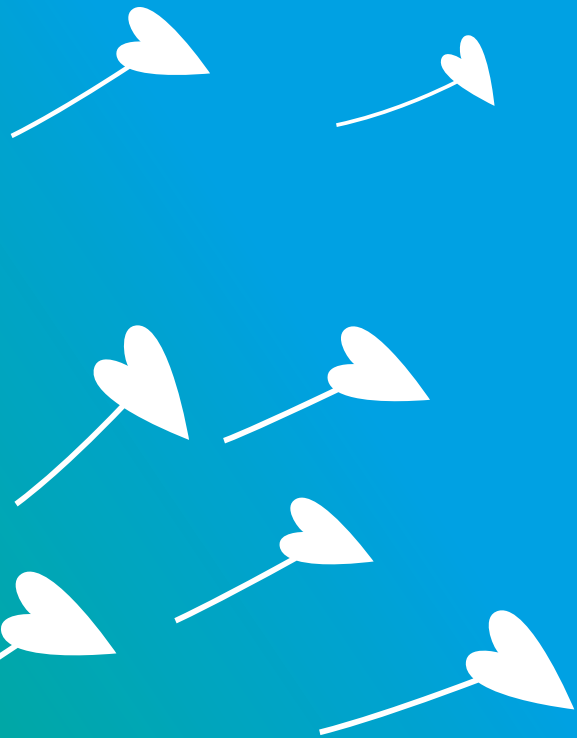
Dr. Boucher has provided his expertise as a member/co-chair/chair on numerous hospital, university and provincial committees and working groups. He has presented locally, nationally and internationally and has contributed to many journal and newspaper articles. Dr. Boucher was recognized with the AMA’s Long-Service Award in 2017.





*“Great things are done when
men and mountains meet.”*

William Blake



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