



# Reducing the Impact of Financial Strain Screening Questions

## **Income is one of the most important things that can affect a person's health.**

Financial strain is a risk factor for many health conditions such as diabetes, cancer, mental health and heart disease. In Canada, 3 million people lived in poverty in 2014. In Alberta, almost 16% of children lived in poverty in 2015.

A person's financial situation can change very quickly and the impacts can be devastating for the individual and their family. The questions below asks about finances, housing and the social supports in your life. Resources are available to many people, yet they are often unaware or have difficulty accessing them. Your family doctor and team are here to help.

We respect your privacy. You may choose to share as much or as little information as you wish.

## **Please select yes or no for the questions.**

- Yes**    **No**   Do you ever have difficulty paying your bills at the end of the month?
- Yes**    **No**   Have you filled out and sent in your tax forms?
- Yes**    **No**   If you were prescribed medications, would you have trouble paying for them?
- Yes**    **No**   Have you missed any medical appointments due to transportation?
- Yes**    **No**   Have you felt alone or lonely?
- Yes**    **No**   Do you feel well supported by family or friends?
- Yes**    **No**   Do you feel safe where you live?

Is there anything else you would like the team to know about your finances, housing situation or current supports in your life?

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Your doctor or health team will review your answers and may ask if they can refer you to services that can help you out.

**Thank you for taking the time to answer these questions!**