# Yatri Patel, MD, CCFP

Family Physician, Assistant Clinical Professor

# To: Edmonton Zone Medical Staff Association 12230 106 Ave NW, Edmonton, AB, T5N 3Z1 zmsaadmin@albertadoctors.org

### Dear Committee Members,

My name is Yatri Patel and I am clinical assistant professor at the University of Alberta, working as a family physician in the Student Health Centre at The University of Alberta. I am respectfully submitting this letter in support of my application for the Edmonton Zone Medical Staff Association as a community member at large, for your kind review. I strongly believe I am qualified to advocate for and represent the interests of my physician colleagues in this important role.

I have been a family physician working at the student health centre within the university for six years. I'm a clinical assistant professor with the department of family medicine at the University of Alberta, and for the last few months, I served as the lead physician for our clinic of 10 physicians. Both during the pandemic, and during this particular leadership role, I was responsible for helping to organize our team schedule, resolve conflicts, and oversee the administrative and medical staff within the clinic. This role allowed me to advocate for our physician needs and optimize efficiency in our day-to-day functioning, while overseeing larger issues of the clinic within the university's mandate. Prior to working in Edmonton, I also served as lead physician at Algonquin College in Ottawa, a high needs tertiary educational centre serving thousands of students each year. In that particular role, I helped to draft many institutional practice guidelines for the management of student concerns. These experiences cemented my desire to continue performing advocacy and leadership roles for my physician colleagues.

I have always had a strong desire to optimize working conditions and seek out change when it is possible. During my graduating year from residency, I was the recipient of the CFPC Leadership Award for Western University. I have a strong skill set of organizational capability, patient and physician wellness advocacy, and conflict resolution management within a high volume, high capacity, multi-disciplinary team environment. I strongly believe these skills, acquired through formal coursework, leadership seminars, and clinical experience, will help me navigate the complexities of the physician landscape in Edmonton.

Over the past couple of years, I have been able to participate in the events and activities that the EMZSA has organized. This organization's mandate to bring together physicians and contribute to their mental wellbeing is one I share. I strive to be a physician who is committed to the professional advancement of her colleagues and seeks optimal solutions that will ultimately improve patient care in Edmonton.

Thank you for your consideration.

Sincerely,

Yatri Patel

# **CURRICULUM VITAE**

# Yatri Patel, M.D., C.C.F.P.

# UNDERGRADUATE EDUCATION

2006-2010	Doctor of Medicine, Schulich School of Medicine and Dentistry, Western University,
	London, ON
2003-2006	Bachelor of Science in Neurosciences, University of Toronto, Toronto, ON (completed
	three of four years)

# POSTGRADUATE TRAINING

2013-2015	Family Medicine Residency, Western University, London, ON
2010-2013	Neurosurgery Residency, Western University, London, ON

# LICENSURE

2018-present	College of Physicians and Surgeons of Alberta (CPSA) License Number 029855
2015-2018	College of Physicians and Surgeons of Ontario (CPSO) License Number 93597
2015	Certification Examination in Family Medicine, College of Family Physicians of Canada
	(Pass)
2011	Licentiate of the Medical Council of Canada Part II Exam (Pass)
2010	Licentiate for Resident Practice (College of Physicians and Surgeons of Ontario)
2010	Licentiate, Advanced Trauma Life Support (ATLS) Course
2010	Licentiate of the Medical Council of Canada Part I Exam (Pass)
2009	Licentiate, Advanced Cardiac Life Support (ACLS) Provider Course

# CLINICAL EMPLOYMENT HISTORY

09/2019 – CURRENT	Physician, Student Health Services, University of Alberta, Edmonton, AB
09/2018 - 09/2019	Locum/walk-in physician, Park Integrative Health, Sherwood Park, AB
09/2018 - 09/2019	Locum/walk-in physician, Callingwood Crossing Medical Clinic, Edmonton, AB
05/2017 - 06/2018	Lead Physician, Algonquin College Student Support Services, Ottawa, ON
09/2016 - 05/2017	Family Physician, Algonquin College Student Support Services, Ottawa, ON
06/2016 - 09/2016	Walk-in family physician, University of Ottawa Student Health Services, Ottawa, ON
12/2015 - 06/2016	Walk-in family physician, University of Western Ontario, London, ON
10/2015 - 06/2016	Family Practice Locum (Associate), Ilderton Family Medicine Clinic, Ilderton, ON
10/2015 - 04/2016	Family Practice Locum for Dr. Michael Toth, Aylmer, ON

# **AWARDS, HONOURS**

2015	<b>Adjunct Faculty Member,</b> Department of Family Medicine, Schulich School of Medicine and Dentistry, Western University
2015	Resident Travel Award, PGME Committee, Schulich Medicine and Dentistry
2015	CFPC Leadership Award, Department of Family Medicine, Western University
2013	Finalist, 3 Minute Thesis Competition, Western University
2010-2012	Nominated for Outstanding Resident Teaching Award, Division of Clinical Neurological
	Sciences, Western University
2012	Annual Resident Award for Outstanding Oral Presentation, Resident Teaching Rounds,
	Department of Clinical Neurological Sciences, Western University
2011	Annual Resident Award for Outstanding Oral Presentation, Resident Teaching Rounds,
	Department of Clinical Neurological Sciences, Western University
2006-2010	Honours standing, Years I, II, III, IV, Schulich School of Medicine and Dentistry, Western
	University
	Nominated for an award for outstanding clinical performance in psychiatry
	Nominated for an award for outstanding clinical performance in family medicine
	Nominated for an award for outstanding clinical performance in internal medicine
2008	Student Research Award in Neurosurgery, Physician Training Partnership, Haydom
	Lutheran Hospital, Haydom, Tanzania
2008	UWO Access Bursary, Schulich School of Medicine and Dentistry, Western University
2008	Alumni Medicine Bursary, Schulich School of Medicine and Dentistry, Western University
2008	PAIRO Award for Student Excellence (nominated), Schulich School of Medicine and
	Dentistry, Western University
2007	Summer Student Scholarship in Endocrinology, Schulich School of Medicine and
	Dentistry, Western University
2007	UWO Faculty of Medicine Bursary, Schulich School of Medicine and Dentistry, Western
	University
2007	UWO Access Bursary, Schulich School of Medicine and Dentistry, Western University
2007	Dr. Arthur F. Haasz Award of Merit, Schulich School of Medicine and Dentistry, Western
	University
2006	NSERC Undergraduate Summer Research Award, NSERC
2005	Outstanding Student Award in Biochemistry, Faculty of Science, University of Toronto
2004	Outstanding Student Award in Psychology, Faculty of Science, University of Toronto
2003-2006	High Academic Distinction, University of Toronto
2003-2006	Dean's Honours List, Faculty of Science, University of Toronto
2003-2006	Entrance Scholarship, Faculty of Science, University of Toronto

# **PUBLICATIONS**

# Peer-Reviewed Journal Articles:

1. Ranger A, **Patel YK**, Chaudhary N, Anantha RV. 2013. Familial Syndromes Associated with Intracranial Tumours: A Review. *Child's Nervous System* 30(1):47-64.

2. Haji F, **Patel YK**, Ang LC, Megyesi J. 2011. A Case of Mistaken Identity: Spinal Epidural Angiolipoma. *The Canadian Journal of Neurological Sciences* 38(2):357-359.

#### **PRESENTATIONS**

- 1. **Patel YK,** Leger D. The Implementation of an "Advanced Care Module" in Family Practice. Podium presentation at the 2015 Family Medicine Research Day, Department of Family Medicine, Western University, Canada.
- 2. **Patel YK**, Solomon R, Leger D. The Rasouli Decision: Is the withdrawal of life-sustaining measures considered treatment? Podium presentation at the 2014 Family Medicine Forum, College of Family Physicians of Canada, Quebec City, Canada.
- 3. **Patel YK**, Solomon R. Legal Decision-Making in End-of-Life Care. Poster presentation at the 2014 London Health Research Day, Western University, London, Canada.
- 4. **Patel YK,** Solomon R. 2012. Pulling the plug: The Medico-legal side of end-of-life decision making. Western Research Forum, Society of Graduate Students, Western University, London, Canada (Winner).
- 5. **Patel YK,** Megyesi J. 2012. Molecular Biology of Brain Tumours. Resident Seminar at the Department of Clinical Neurological Sciences Teaching Rounds, Western University, London, Canada.
- 6. **Patel YK**. 2012. CanMEDS Roles: Advocate. Resident Seminar at the Department of Clinical Neurological Sciences Grand Rounds, Western University, London, Canada.
- 7. **Patel YK**, Hardy-St.Pierre G. 2012. CanMEDS Roles: Collaborator. Resident Seminar at the Department of Clinical Neurological Sciences Teaching Seminar, Western University, London, Canada.
- 8. **Patel YK.** 2012. Meta-Analysis of Venous Thromboembolism Prophylaxis in Neurosurgical Patients. Department of Clinical Neurological Sciences Grand Rounds, Western University, London, Canada.
- 9. **Patel YK,** Boulton M. 2011. The Autonomic Nervous System. Resident Seminar at the Department of Clinical Neurological Sciences Teaching Rounds, Western University, London, Canada.
- 10. **Patel YK.** 2011. Gross Brain Anatomy, Functional Regions, and Associated Syndromes. Resident Seminar at the Department of Clinical Neurological Sciences Teaching Rounds, Western University, London, Canada.
- 11. **Patel YK,** Megyesi J. 2011. Pineoblastoma in a Pediatric Patient. Resident Seminar at the Department of Clinical Neurological Sciences Grand Rounds, Western University, London, Canada. **(Winner)**
- 12. **Patel YK, Ranger A.** 2011. Moya Moya Disease in a Pediatric Patient. Resident Seminar at the Department of Clinical Neurological Sciences Grand Rounds, Western University, London, Canada.

- 13. **Patel YK.** 2011. Intracranial Tumour on a Background of Previous Malignancy in a Teenager. Resident Seminar at the Department of Clinical Neurological Sciences Grand Rounds, Western University, London, Canada.
- 14. **Patel YK.** 2011. Persistent Epilepsy in a Pediatric Patient. Resident Seminar at the Pediatric Grand Rounds, Western University, London, Canada.
- 15. **Patel YK.** 2011. Approach to the Comatose Patient. Oral Presentation at the Critical Care and Trauma Centre (Victoria Campus) Teaching Rounds, Western University, London, Canada.
- 16. **Patel YK**, Megyesi J. 2011. Ependymoma in an Eighteen Year-Old Male. Oral Presentation at the Department of Clinical Neurological Sciences Grand Rounds, Western University, London, Canada (**Winner**).

# SCHOLARLY AND PROFESSIONAL ACTIVITIES

2018 – present	Member, College of Physician and Surgeons of Alberta
2012-present	Member, College of Family Physicians
2010-present	Resident Member, College of Physicians and Surgeons of Ontario
2010-2013	Resident Member, Royal College of Physicians and Surgeons of Canada
2010-2013	Resident Member, American College of Surgeons
2010-2013	Resident Member, American Association of Neurological Surgeons
2010-2013	Resident Member, Canadian Neurological Sciences Federation
2006-present	Resident Member, Canadian Medical Association
2006-present	Resident Member, Ontario Medical Association
2006-2010	Student Member, Canadian Federation of Medical Students

#### RESEARCH

#### Research Interests:

I am interested in understanding the legal aspects of health care and helping to address legal challenges to current healthcare practices, particularly in end-of-life care. I am especially interested in pursuing novel methods of conflict resolution within a legal framework, when there is discordance of opinion between physicians and substitute-decision makers of critically-ill patients.

## Legal Research:

2012-2016	Rasouli – Resolving Conflicts between Physicians and Substitute Decision-Makers in the Withdrawal of Life-Sustaining Treatment: Seeking Alternatives to Legal Recourse Robert Solomon, Faculty of Law, Western University, London, Ontario
2012-2016	The Role of Ontario's Consent and Capacity Board in End-of-life Decision-Making: The Problem and the Solutions Grant Huscroft, Faculty of Law, Western University, London, Ontario

2012-2016 Costs and Consequences of Legal Uncertainty in the Provision of Life-Sustaining "Treatment" in cases of Medical Futility Robert Solomon, Faculty of Law, Western University, London, Ontario Clinical Research: 2014-2015 Implementation of an "Advanced Care Planning Module" in Family Practice Dr. Daniel Leger, Middlesex Center Family Medical Clinic, Ilderton, Ontario 2011-2012 **Review of Familial Syndromes Associated with Intracranial Tumours** Dr. Adrianna Ranger, London Health Sciences Centre (Victoria Hospital), London, Ontario 2010-2011 Review of Surgical and Non-Surgical Management of Cerebral Metastases Dr. Joseph Megyesi, London Health Sciences Centre (University Hospital), London, Ontario 2009 **Review of Spinal Epidural Angiolipomas** Dr. Joseph Megyesi, London Health Sciences Centre (University Hospital), London, Ontario 2008 Efficacy of Neurosurgical Interventions by Medical Officers in East Africa Dr. Emmanuel Mayegga, Haydom Lutheran Hospital, Haydom, Tanzania 2007 Development of curriculum and educational aids for second-year endocrinology and metabolism teaching block Dr. Terri Paul, Schulich School of Medicine and Dentistry, Western University, London, Ontario 2006 Development of Research Methods to Test Spatial Attention and Working Memory Dr. Suzanne Ferber, Department of Psychology, University of Toronto, Toronto, Ontario 2005 **Detection and Characterization of Genes Involved in Neuronal Cell Differentiation** Dr. Vincent Tropepe, Department of Cell and Systems Biology, University of Toronto, Toronto, Ontario

#### **ACADEMIC ACTIVITIES**

# Teaching:

2021-current
Physicianship Discussion Group, Department of Family Medicine, University of Alberta
Resident Teacher for Clinical Clerks, Department of Clinical Neurological Sciences,
Western University

# Leadership:

2023	Lead Physician Coverage, Student Health Services, Univestiy of Alberta, Edmonton,
	Alberta
2017-2018	Lead Physician, Algonquin College Student Health Services, Ottawa, Ontario
2009	Reviewer, Pre-Clerkship Review Manual Committee, Schulich School of Medicine
2008-2009	Social Convenor, Class of 2010, Schulich School of Medicine
2008	Fundraising Director, Tachycardia, Schulich School of Medicine and Dentistry
2006-2008	President, Student Interest Group in Neurosciences
2008	President, Celebrating Diversity in Medicine
2008	President, Dance Committee of the South Asian Medical Students Association, Schulich
	School of Medicine
2008	Organizer and Facilitator, Brain Bee, Western University
2008	Secretary-Treasurer, Schulich School of Medicine Student Council
2008	Fundraising and Contest Director, Off-Call Magazine
2008	Orientation Week Group Leader, Schulich School of Medicine
2008	Coordinator, Intergenerational Gala, Schulich School of Medicine and Dentistry, Western
	University
2008	Coordinator, Neurosciences, Eye and Ear Block, Schulich School of Medicine
2006-2008	President / Founder, Brain Day, Neuroscience Community Outreach Group, Western
	University
2006-2008	Dance Coordinator, Medical Humanities and Arts Society Talent Show, Schulich School of
	Medicine, London, Ontario
2006-2007	Dance Coordinator, India Health Initiative Night

# **COMMUNITY ACTIVITIES**

2008-2009	Dancer, Tachycardia Dance Committee, Schulich School of Medicine and Dentistry
2008	Volunteer, Rotholme Women's Shelter, London, Ontario
2008	Member and Participant, Head for a Cure Cancer Fundraising Committee
2008	Anatomy Tutor, Review Sessions in Anatomy for First-year medical students, Western
	University
2006	Member, Meds Bhangra Society, Western University
2003-2006	Volunteer, Princess Margaret Hospital, Toronto